

January	2007	2008	2009	2010	2011
California Dried Plum Digestive Health Month	1-31	1-31	1-31	1-31	1-31
Cervical Health Awareness Month	1-31	1-31	1-31	1-31	1-31
Family Fit Lifestyle Month	1-31	1-31	1-31	1-31	1-31
Fiber Focus Month	1-31	1-31	1-31	1-31	1-31
Hot Tea Month	1-31	1-31	1-31	1-31	1-31
International Quality of Life Month	1-31	1-31	1-31	1-31	1-31
National Birth Defects Prevention Month	1-31	1-31	1-31	1-31	1-31
National Blood Donor Month	1-31	1-31	1-31	1-31	1-31
National Glaucoma Awareness Month	1-31	1-31	1-31	1-31	1-31
National Oatmeal Month	1-31	1-31	1-31	1-31	1-31
National Pear Month	1-31	1-31	1-31	1-31	1-31
National Soup Month	1-31	1-31	1-31	1-31	1-31
National Wheat Bread Month	1-31	1-31	1-31	1-31	1-31
Resolve to Eat Breakfast Month	1-31	1-31	1-31	1-31	1-31
Thyroid Awareness Month	1-31	1-31	1-31	1-31	1-31
Healthy Weight Week	21-27				
National Certified Registered Nurses Week	21-27				
National Folic Acid Awareness Week	8-14	14-20	12-18	11-17	10-16
Salt Awareness Week		27-Feb. 2	25-31		
Super Bowl Week		28-31			
Bean Day	6	6	6	6	6
International Hot & Spicy Food Day		16			
National Apricot Day		9			
National Blueberry Pancake Day		28			
National Cheese Lovers Day		20			
National Hot Pastrami Sandwich Day		14			
National Milk Day		11			
National Peanut Butter Day		24			
National Spaghetti Day		4			
New England Clam Chowder Day		21			
Salt Awareness Day	26	26	26	26	26
Strawberry Ice Cream Day		15			
Women's Healthy Weight Day	25	25	25	25	25
February	2007	2008	2009	2010	2011
ADM/Low Vision Awareness Month	1-28	1-29	1-28	1-28	1-28
American Heart Month	1-28	1-29	1-28	1-28	1-28
Bake for Family Fun Month	1-28	1-29	1-28	1-28	1-28
Berry Fresh Month	1-28	1-29	1-28	1-28	1-28
Florida Strawberry Month	1-28	1-29	1-28	1-28	1-28
International Prenatal Infection Prevention Month	1-28	1-29	1-28	1-28	1-28
National Cherry Month	1-28	1-29	1-28	1-28	1-28
National Children's Dental Health month	1-28	1-29	1-28	1-28	1-28
National Eating Disorders Awareness Week (last Sunday)	25-March 3	24-March 1	22-28	28-March 6	27-March 5
National Fiber Focus Month	1-28	1-29	1-28	1-28	1-28
National Grapefruit Month	1-28	1-29	1-28	1-28	1-28
National Hot Breakfast Month	1-28	1-29	1-28	1-28	1-28
National Pancake Week		25-29			
National Wise Health Consumer Month	1-28	1-29	1-28	1-28	1-28
Sweet Potato Month	1-28	1-29	1-28	1-28	1-28
Children of Alcoholics Week	11-17	10-16			
Congenital Heart Awareness Week	7-14	7-14			
Eating Disorders Screening Program	25-March 3	24-March 1	22-28	28-March 6	27-March 5
National Burn Awareness Week	4-10	3-9	8-14		
National Child Passenger Safety Week (2 <sup>nd</sup> week)	11-17				
National Condom Week (Valentines Week)	11-17	11-15	8-14	14-20	13-19

Pride in Food Service Week (1 <sup>st</sup> work week)	5-9	4-8	2-6	8-12	7-11
Shape up with Pickles Week		4-8			
Dog Biscuit Appreciation Day		23			
Give Kids A Smile Day	2	1			
Great American Pizza Bake Day		11			
Kiwi Day	2	2	2	2	2
National Condom Day	14				
National Donor Day (Valentine's Day)	14	14	14	14	14
National Fettuccini Alfredo Day		7			
National Girls and Women in Sports Day (1 <sup>st</sup> Wednesday)	7	6	4	3	2
National Strawberry Day		27			
National Wear Red Day 2007	2	3			
National Women's Heart Day (3 <sup>rd</sup> Friday of February)	16	15	20	19	18
World Cabbage Day	17	17	17	17	17

March	2007	2008	2009	2010	2011
American Red Cross Month	1-31	1-31	1-31	1-31	1-31
BACCHUS & GAMMA Safe Spring Break Programming	1-31	1-31	1-31	1-31	1-31
Frozen Food Month	1-31	1-31	1-31	1-31	1-31
National Brain Injury Awareness Month	1-31	1-31	1-31	1-31	1-31
National Caffeine Awareness Month	1-31	1-31	1-31	1-31	1-31
National Celery Month	1-31	1-31	1-31	1-31	1-31
National Colorectal Cancer Awareness Month	1-31	1-31	1-31	1-31	1-31
National Endometriosis Awareness Month	1-31	1-31	1-31	1-31	1-31
National Kidney Month	1-31	1-31	1-31	1-31	1-31
National Multiple Sclerosis Education & Awareness Month	1-31	1-31	1-31	1-31	1-31
National Noodle Month	1-31	1-31	1-31	1-31	1-31
National Nutrition Month®	1-31	1-31	1-31	1-31	1-31
National Sauce Month	1-31	1-31	1-31	1-31	1-31
Save Your Vision Month	1-31	1-31	1-31	1-31	1-31
Workplace Eye Health & Safety Month	1-31	1-31	1-31	1-31	1-31
Brain Awareness Week	12-18	10-16			
Chocolate Week		9-15			
National Agricultural Week		16-22			
National Collegiate Health & Wellness Week	4-10				
National Inhalants & Poisons Awareness Week (3 <sup>rd</sup> full wk)	18-24	16-23			
National Patient Safety Awareness Week	4-10	2-8			
National Problem Gambling Awareness Week	5-11	9-16			
National School Breakfast Week (1 <sup>st</sup> School Week)	5-9	3-7	2-6		
Multiple Sclerosis Awareness Week	5-11	10-17			
National Sleep Awareness Week®	5-11	3-9			
Root Canal Awareness Week		30-April 5			
American Diabetes Alert Day (4 <sup>th</sup> Tuesday)	27	25			
Corned Beef & Cabbage Day		17			
Johnny Apple Seed Day		11			
Kick Butts Day	28				
National Something on a Stick Day		28			
Oatmeal Cookie Day		18			
Oranges & Lemons Day		31			
Registered Dietitian Day		10			
Spinach Day		26			
Tater Day		31			
World Kidney Day	8	13			
World Tuberculosis Day 2007	24	24			

April	2007	2008	2009	2010	2011
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Alcohol Awareness Month	1-30	1-30	1-30	1-30	1-30
Cancer Control Month	1-30	1-30	1-30	1-30	1-30
Cesarean Awareness Month	1-30	1-30	1-30	1-30	1-30
Counseling Awareness Month	1-30	1-30	1-30	1-30	1-30
Emotional Overeating Awareness Month	1-30	1-30	1-30	1-30	1-30
Florida Tomato Month	1-30	1-30	1-30	1-30	1-30
Foot Health Awareness Month	1-30	1-30	1-30	1-30	1-30
Injury Prevention Month	1-30	1-30	1-30	1-30	1-30
Irritable Bowel Syndrome (IBS) Awareness Month	1-30	1-30	1-30	1-30	1-30
National African-American Women's Fitness Month	1-30	1-30	1-30	1-30	1-30
National Autism Awareness Month	1-30	1-30	1-30	1-30	1-30
National Child Abuse Prevention Month	1-30	1-30	1-30	1-30	1-30
National Donate Life Month	1-30	1-30	1-30	1-30	1-30
National Facial Protection Month	1-30	1-30	1-30	1-30	1-30
National Humor Month	1-30	1-30	1-30	1-30	1-30
National Kite Month	1-30	1-30	1-30	1-30	1-30
National Minority health & Health Disparities Month	1-30	1-30	1-30	1-30	1-30
National Parkinson Awareness Month	1-30	1-30	1-30	1-30	1-30
National Pecan Month	1-30	1-30	1-30	1-30	1-30
National Sarcoidosis Awareness Month	1-30	1-30	1-30	1-30	1-30
National STDs/Family Planning Awareness Month	1-30	1-30	1-30	1-30	1-30
National Youth Sports Safety Month	1-30	1-30	1-30	1-30	1-30
Occupational Therapy Month	1-30	1-30	1-30	1-30	1-30
Pharmacists War on Diabetes	1-30	1-30	1-30	1-30	1-30
Physical Wellness Month	1-30	1-30	1-30	1-30	1-30
Rosacea Awareness Month	1-30	1-30	1-30	1-30	1-30
Sexual Assault Awareness Month	1-30	1-30	1-30	1-30	1-30
Soft Pretzel Month	1-30	1-30	1-30	1-30	1-30
Soy Foods Month	1-30	1-30	1-30	1-30	1-30
Sports Eye Safety Month	1-30	1-30	1-30	1-30	1-30
Stress Awareness Month	1-30	1-30	1-30	1-30	1-30
Women's Eye Health and Safety Month	1-30	1-30	1-30	1-30	1-30
Cover the Uninsured Week	23-29				
Heimlich Maneuver Week		13-19			
Medical Fitness Week	22-27				
National Health Info., Privacy & Security Week (2 <sup>nd</sup> Sun. & Wk)	8-14	13-19			
National Infant Immunization Week		19-26			
National Public Health Week (Week of 1 <sup>st</sup> Monday)	2-8	7-13			
National SAFE KIDS Week	28-May 6	26-May 4			
National TV Turnoff Week	23-29	20-26	20-26	19-25	
National Volunteer Week (3 <sup>rd</sup> Full Week)	15-21	20-26			
Root Canal Awareness Week	1-7				
Animal Cracker Day		18			
A Day To End Sexual Violence	5				
Day of the Mushroom		16			
Earth Day	22				
Jelly Bean Day	22	22	22	22	22
Lima Bean Respect Day		20			
March for Babies (4 <sup>th</sup> Weekend)	28-29	26-27			
National Garlic Day		19			
National Grilled Cheese Sandwich Day		12			
National Infant Immunization Week	21-28	27-May 3			
National Minority Cancer Awareness Week (3 <sup>rd</sup> Full Wk)	15-21	20-26			
National Peach Cobbler Day		13			
National Peanut Butter & Jelly Day		2			
National Pigs in a Blanket Day		24			
National Raisin Day		30			
Sexual Assault Awareness Month Day of Action		3			
World Health Day (7 <sup>th</sup> Day)	7	7	7	7	7
World Tia Chi & Qigong Day	28	26			

<b>May</b>	<b>2007</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>	<b>2011</b>
American Stroke Month	1-31	1-31	1-31	1-31	1-31
Asthma & Allergy Awareness Month	1-31	1-31	1-31	1-31	1-31
Better Hearing and Speech Month	1-31	1-31	1-31	1-31	1-31
Better Sleep Month	1-31	1-31	1-31	1-31	1-31
Clean Air Month	1-31	1-31	1-31	1-31	1-31
Correct Posture Month	1-31	1-31	1-31	1-31	1-31
Family Wellness Month	1-31	1-31	1-31	1-31	1-31
Gifts from the Garden Month	1-31	1-31	1-31	1-31	1-31
Healthy Vision Month	1-31	1-31	1-31	1-31	1-31
Hepatitis Awareness Month	1-31	1-31	1-31	1-31	1-31
Huntington's Disease Awareness Month	1-31	1-31	1-31	1-31	1-31
Lyme Disease Awareness Month	1-31	1-31	1-31	1-31	1-31
Melanoma/Skin Cancer Detection/Prevention Month	1-31	1-31	1-31	1-31	1-31
Mental Health Month	1-31	1-31	1-31	1-31	1-31
Multiple Chemical Sensitivity Awareness Month	1-31	1-31	1-31	1-31	1-31
National Arthritis Month	1-31	1-31	1-31	1-31	1-31
National Asparagus Month	1-31	1-31	1-31	1-31	1-31
National Barbeque Month	1-31	1-31	1-31	1-31	1-31
National Bike Month	1-31	1-31	1-31	1-31	1-31
National Celiac Disease Awareness Month	1-31	1-31	1-31	1-31	1-31
National Egg Month	1-31	1-31	1-31	1-31	1-31
National Hamburger Month	1-31	1-31	1-31	1-31	1-31
National High Blood Pressure Education Month	1-31	1-31	1-31	1-31	1-31
National Meditation Month	1-31	1-31	1-31	1-31	1-31
National Neurofibromatosis Month	1-31	1-31	1-31	1-31	1-31
National Osteoporosis Awareness/Prevention Month	1-31	1-31	1-31	1-31	1-31
National Physical Fitness & Sports Month	1-31	1-31	1-31	1-31	1-31
National Salad Month	1-31	1-31	1-31	1-31	1-31
National Salsa Month	1-31	1-31	1-31	1-31	1-31
National Skin Cancer Awareness Month	1-31	1-31	1-31	1-31	1-31
National Smile Month	1-31	1-31	1-31	1-31	1-31
National Strawberry Month	1-31	1-31	1-31	1-31	1-31
National Stroke Awareness Month	1-31	1-31	1-31	1-31	1-31
National Teen Pregnancy Prevention Month	1-31	1-31	1-31	1-31	1-31
National Vinegar Month	1-31	1-31	1-31	1-31	1-31
Strike Out Strokes Month	1-31	1-31	1-31	1-31	1-31
Sturge-Weber Awareness Month	1-31	1-31	1-31	1-31	1-31
Teen Self Esteem Month	1-31	1-31	1-31	1-31	1-31
Tuberous Sclerosis Awareness Month	1-31	1-31	1-31	1-31	1-31
Ultraviolet Awareness Month	1-31	1-31	1-31	1-31	1-31
<b>Bike to Work Week</b>	14-18		13-21		
<b>Buckle up America! Week</b>	21-28				
<b>Food Allergy Awareness Week</b>	13-19	11-17	10-16		
<b>National Alcohol/Other Drug-Related Birth Defects Wk</b>	13-19	11-17	10-16		
<b>National Emergency Medical Services Week</b>	20-26	18-24			
<b>National Mental Health Counseling Week</b>	6-12		6-12		
<b>National Neuropathy Week</b>	14-18	12-16	11-15		
<b>National Physical Education &amp; Sports Week</b>	1-7	1-7	1-7		
<b>National Stuttering Awareness Week</b>	14-20	12-18	11-17		
<b>National Women's Health Week</b>	13-19	11-17	10-16		
<b>North American Occupational Safety &amp; Health Week</b>	6-12	4-15	3-9		
<b>Recreational Water Illness Prevention Week</b>	21-27	19-25	18-24		
<b>Schizophrenia Awareness Week</b>	20-26				
<b>Tinnitus Awareness Week – Take Action Today!</b>	20-26				
<b>National Anxiety and Depression Awareness Week</b>			3-9		
<b>Cornella de Lange Syndrome Awareness Day</b>	12	10	9		
<b>Fibromyalgia Awareness Day</b>	12	12			

High Blood Pressure Sunday	6		
HIV Vaccine Awareness Day	18	18	18
Melanoma Monday	7		4
National Anxiety Disorders Screening Day	2	7	
National Blueberry Cheesecake Day		26	26
National Buttermilk Biscuit Day		14	14
National Cherry Cobbler Day		17	17
National Cherry Dessert Day		27	26
National Employee Health & Fitness Day	16	21	20
National Fruit Cocktail day		13	13
National Orange Juice Day		4	4
National Teen Pregnancy Prevention Day	2		
National Women's Check-up Day	14	12	11
Sex Differences in Health Awareness Day	15	13	12
World No Tobacco Day	31		31

June	2007	2008	2009	2010	2011
Candy Month	1-30	1-30	1-30	1-30	1-30
Children's Awareness Month	1-30	1-30	1-30	1-30	1-30
Child Vision Awareness Month	1-30	1-30	1-30	1-30	1-30
Dairy Alternative Month	1-30	1-30	1-30	1-30	1-30
Dairy Month	1-30	1-30	1-30	1-30	1-30
Fireworks Safety Month	1-July 4	1-July 4	1-July 4	1-July 4	1-July 4
Fresh Fruit & Vegetables Month	1-30	1-30	1-30	1-30	1-30
Home Safety Month	1-30	1-30	1-30	1-30	1-30
Iced Tea Month	1-30	1-30	1-30	1-30	1-30
International Childhood Cancer Campaign Month	1-30	1-30	1-30	1-30	1-30
Myasthenia Gravis Awareness Month	1-30	1-30	1-30	1-30	1-30
National Aphasia Awareness Month	1-30	1-30	1-30	1-30	1-30
National Scleroderma Awareness Month	1-30	1-30	1-30	1-30	1-30
Papaya Month	1-30	1-30	1-30	1-30	1-30
Pharmacists Declare War on Alcoholism	1-30	1-30	1-30	1-30	1-30
Professional Wellness Month	1-30	1-30	1-30	1-30	1-30
Turkey Lover's Month	1-30	1-30	1-30	1-30	1-30
Vision Research Month	1-30	1-30	1-30	1-30	1-30
Eye Safety Awareness Week (Last Week in June)	27-July 5	29-July 5	27-July 5		
Helen Keller Deaf-Blind Awareness Week (Last Wk of Mth)	24-30	22-28	21-27		
National Headache Awareness Week	3-9	1-7	7-13		
National Men's Health Week (2 <sup>nd</sup> Monday)	11-17	9-15	15-21		
Sun Safety Week	3-9	8-14	1-7		
National Cancer Survivor's Day (1 <sup>st</sup> Sunday)	3	1	7		
National HIV Testing Day	27	27	27	27	27
National Hunger Awareness Day		3			
National ASK Day	21	20	21		
National Trails Day	1				
Stand For Children Day	1				
World Environment Day	5				

July	2007	2008	2009	2010	2011
Baked Beans Month	1-31	1-31	1-31	1-31	1-31
Bioterrorism/Disaster Education and Awareness Month	1-31	1-31	1-31	1-31	1-31
Blueberry Month	1-31	1-31	1-31	1-31	1-31
Hemochromatosis Awareness Month	1-31	1-31	1-31	1-31	1-31
Herbal/Prescription Awareness Month	1-31	1-31	1-31	1-31	1-31
Hot Dog Month	1-31	1-31	1-31	1-31	1-31
Ice Cream Month	1-31	1-31	1-31	1-31	1-31

International Group B Strep Awareness Month	1-31	1-31	1-31	1-31	1-31
National Grilling Month	1-31	1-31	1-31	1-31	1-31
National Group B Strep Awareness month	1-31	1-31	1-31	1-31	1-31
National Horseradish Month	1-31	1-31	1-31	1-31	1-31
National Make a Difference to Children Month	1-31	1-31	1-31	1-31	1-31
National Recreation and Parks Month	1-31	1-31	1-31	1-31	1-31
Peach Month	1-31	1-31	1-31	1-31	1-31
Picnic Month	1-31	1-31	1-31	1-31	1-31
UV Safety Month	1-31	1-31	1-31	1-31	1-31

National Youth Sports Week	10-14
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National Fragile X Day	22
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August	2007	2008	2009	2010	2011
Cataract Awareness Month	1-31	1-31	1-31	1-31	1-31
Catfish Month	1-31	1-31	1-31	1-31	1-31
Children's Eye Health & Safety Month	1-31	1-31	1-31	1-31	1-31
Children's Vision and Learning Month	1-31	1-31	1-31	1-31	1-31
Family Meals Month	1-31	1-31	1-31	1-31	1-31
Maine Lobster Month	1-31	1-31	1-31	1-31	1-31
National Immunization Awareness Month	1-31	1-31	1-31	1-31	1-31
Peach Month	1-31	1-31	1-31	1-31	1-31
Psoriasis Awareness Month	1-31	1-31	1-31	1-31	1-31
Spinal Muscular Atrophy Awareness Month	1-31	1-31	1-31	1-31	1-31
Farmer's Market Week		3-9			
World Breastfeeding Week	1-7	1-7	1-7	1-7	1-7
National Health Center Week (2 <sup>nd</sup> Week)	5-11	10-16			
National Minority Donor Awareness Day	1				

September	2007	2008	2009	2010	2011
America On the Move's September Campaign	1-30	1-30	1-30	1-30	1-30
Attention Deficit Hyperactivity Disorder Month	1-30	1-30	1-30	1-30	1-30
Better Breakfast Month	1-30	1-30	1-30	1-30	1-30
Chicken Month	1-30	1-30	1-30	1-30	1-30
Childhood Cancer Month	1-30	1-30	1-30	1-30	1-30
Food Safety Education Month	1-30	1-30	1-30	1-30	1-30
Fruit & Vegetable Month	1-30	1-30	1-30	1-30	1-30
Gynecologic Cancer Awareness Month	1-30	1-30	1-30	1-30	1-30
Healthy Aging <sup>®</sup> Month	1-30	1-30	1-30	1-30	1-30
Leukemia & Lymphoma Awareness Month	1-30	1-30	1-30	1-30	1-30
Menopause Awareness Month	1-30	1-30	1-30	1-30	1-30
National 5-A-Day Month	1-30	1-30	1-30	1-30	1-30
National Acceptance Month	1-30	1-30	1-30	1-30	1-30
National Alcohol & Drug Addiction Recovery Month	1-30	1-30	1-30	1-30	1-30
National Biscuit Month	1-30	1-30	1-30	1-30	1-30
National Cholesterol Education Month	1-30	1-30	1-30	1-30	1-30
National Honey Month	1-30	1-30	1-30	1-30	1-30
National Mushroom Month	1-30	1-30	1-30	1-30	1-30
National Osteopathic Medicine Month	1-30	1-30	1-30	1-30	1-30
National Papaya Month	1-30	1-30	1-30	1-30	1-30
National Pediculosis Prevention Month/Head Lice Prevention Month	1-30	1-30	1-30	1-30	1-30
National Potato Month	1-30	1-30	1-30	1-30	1-30
National Skin Care Awareness Month	1-30	1-30	1-30	1-30	1-30
National Wild Rice Month	1-30	1-30	1-30	1-30	1-30
National Sickle Cell Month	1-30	1-30	1-30	1-30	1-30

Organic Harvest Month	1-30	1-30	1-30	1-30	1-30
Ovarian Cancer Awareness Month	1-30	1-30	1-30	1-30	1-30
Pediatric Cancer Awareness Month	1-30	1-30	1-30	1-30	1-30
Prostate Cancer Awareness Month	1-30	1-30	1-30	1-30	1-30
Reye's Syndrome Awareness Month	1-30	1-30	1-30	1-30	1-30
Sports & Home Eye Safety Month	1-30	1-30	1-30	1-30	1-30
Whole Grains Month	1-30	1-30	1-30	1-30	1-30

Eat Dinner Together Week	16-22	21-27			
Hearing Aid Awareness Week	30-Oct. 6	28-Oct 4			
National Childhood Injury Prevention Week	1-7				
National Farm Safety & Health Week	16-22	21-27			
National Rehabilitation Awareness Celebration	16-22	21-27			
National Suicide Prevention Week	9-15	7-13			
National Waffle Week	10-14				
Reye's Syndrome Awareness Week	16-22	15-23			
Texas State Obesity Awareness Week (2 <sup>nd</sup> Full Week)		8-12			
Vegetarian Awareness Week	10-14				

America on the Move Day	29				
Eat a Hoagie Day	14				
Eat At Home Family Day	25	25			
Family Health & Fitness Day USA	29				
Fortune Cookie Day	13	13			
Get Ready Day		16			
International Banana Festival Day	21				
National Acorn Squash Day	7				
National Apple Dumpling Day	17				
National Celiac Disease Awareness Day		13			
National Cheese Pizza Day	5				
National Cheeseburger Day	18				
National Chocolate Milk Day	27				
National Mesothelioma Awareness Day	26				
National Pancake Day	26				
National Women's Health & Fitness Day	26				
Snack a Pickle Day	13				
STOP A Suicide Today Day	10				
Take a Loved One for a Check-up Day	18				
World Alzheimer's Day	21	21			
World Heart Day	30	30			

October	2007	2008	2009	2010	2011
Antidepressant Death Awareness Month	1-31	1-31	1-31	1-31	1-31
Country Ham Month	1-31	1-31	1-31	1-31	1-31
Cranberry Month	1-31	1-31	1-31	1-31	1-31
Dessert month	1-31	1-31	1-31	1-31	1-31
Diversity Awareness Month	1-31	1-31	1-31	1-31	1-31
"Talk About Prescriptions" Month	1-31	1-31	1-31	1-31	1-31
Eat Better, Eat Together Month	1-31	1-31	1-31	1-31	1-31
Emotional Wellness Month	1-31	1-31	1-31	1-31	1-31
Eye Injury Prevention Month	1-31	1-31	1-31	1-31	1-31
Halloween Safety Month	1-31	1-31	1-31	1-31	1-31
Health Literacy Month	1-31	1-31	1-31	1-31	1-31
Healthy Lung Month	1-31	1-31	1-31	1-31	1-31
Let's Talk Month	1-31	1-31	1-31	1-31	1-31
Long Term Care Planning Month	1-31	1-31	1-31	1-31	1-31
Lupus Awareness month	1-31	1-31	1-31	1-31	1-31
National Apple Month	1-31	1-31	1-31	1-31	1-31
National Applejack Month	1-31	1-31	1-31	1-31	1-31
National Breast cancer Awareness Month	1-31	1-31	1-31	1-31	1-31
National Celiac Disease Awareness Month	1-31	1-31	1-31	1-31	1-31

National Chili Month	1-31	1-31	1-31	1-31	1-31
National Chiropractic Month	1-31	1-31	1-31	1-31	1-31
National Communicate with Your Kid Month	1-31	1-31	1-31	1-31	1-31
National Dental Hygiene Month	1-31	1-31	1-31	1-31	1-31
National Depression Education and Awareness Month	1-31	1-31	1-31	1-31	1-31
National Disability Employment Awareness Month	1-31	1-31	1-31	1-31	1-31
National Domestic Violence Awareness Month	1-31	1-31	1-31	1-31	1-31
National Down Syndrome Awareness Month	1-31	1-31	1-31	1-31	1-31
National Family Sexuality Education Month/Let's Talk	1-31	1-31	1-31	1-31	1-31
National Liver Awareness Month	1-31	1-31	1-31	1-31	1-31
National Medical Librarians Month	1-31	1-31	1-31	1-31	1-31
National Physical Therapy Month	1-31	1-31	1-31	1-31	1-31
National Pickled Peppers Month	1-31	1-31	1-31	1-31	1-31
National Pretzel Month	1-31	1-31	1-31	1-31	1-31
National Spina Bifida Awareness Month	1-31	1-31	1-31	1-31	1-31
Organize Your Medical Information Month	1-31	1-31	1-31	1-31	1-31
Pasta Month	1-31	1-31	1-31	1-31	1-31
Pizza Month	1-31	1-31	1-31	1-31	1-31
Popcorn Month	1-31	1-31	1-31	1-31	1-31
Pork Month	1-31	1-31	1-31	1-31	1-31
Rett Syndrome Awareness Month	1-31	1-31	1-31	1-31	1-31
Seafood Month	1-31	1-31	1-31	1-31	1-31
Spinach Lover's Month	1-31	1-31	1-31	1-31	1-31
Sudden Infant Death Syndrome Awareness Month	1-31	1-31	1-31	1-31	1-31
Sun Dried Tomatoes Month	1-31	1-31	1-31	1-31	1-31
International Walk to School Month	1-31	1-31	1-31	1-31	1-31
Vegetarian Awareness Month	1-31	1-31	1-31	1-31	1-31
Bone & Joint Decade National Action Week	12-20	12-20			
Drive Safely to Work Week	1-5	6-10			
Fire Prevention Week (From Sun. – Sun. where 9 <sup>th</sup> falls in Oct.)	7-13	5-11			
National Chicken Soup for the Soul Week	22-26				
National Chili Week	1-5				
National Health Education Week	15-19	20-24			
National Pizza Week	8-12				
National School Lunch Week	8-12	13-17			
Respiratory Care Week	21-27				
Walk a Child to School Week	3-7	6-11			
Caramel Apple Day	21	21	21	21	21
International Stuttering Awareness Day	22	22			
Interstitial Cystitis Awareness Day	31	31			
Lung Health Day	24				
National Apple Betty Day	5	5	5	5	5
National Angel Food Cake Day	10	10	10	10	10
National Bologna Day	24	24	24	24	24
National Child Health Day	1				
National Desserts Day	14	14	14	14	14
National Frappe Day	7	7	7	7	7
National Mammography Day	19	17			
National Noodle Day	6	6	6	6	6
National Nut Day	22	22	22	22	22
National Oatmeal Day	29	29	29	29	29
National Pasta Day	17	17	17	17	17
National Potato Day	27	27	27	27	27
National Taco Day	4	4	4	4	4
NDSM Mental Health Screening™	11				
Pumpkin Day	26	26	26	26	26
Sarcoidosis Awareness Day	6	4			
Stop America's Violence Everywhere Today	10	8			
Submarine Sandwich Day	9	9	9	9	9
World Food Day	16	16	16	16	16
World Mental Health Day	10				

<b>World Vegetarian Day</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>	<b>1</b>
<b>November</b>	<b>2007</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>	<b>2011</b>
American Diabetes Month	1-30	1-30	1-30	1-30	1-30
Diabetic Eye Disease Month	1-30	1-30	1-30	1-30	1-30
Epilepsy Awareness Month	1-30	1-30	1-30	1-30	1-30
Foot Health Issues Related to DM Awareness Month	1-30	1-30	1-30	1-30	1-30
Gluten-Free Diet Awareness Month	1-30	1-30	1-30	1-30	1-30
Good Nutrition Month	1-30	1-30	1-30	1-30	1-30
Jaw Joints – TMJ Awareness Month	1-30	1-30	1-30	1-30	1-30
Lung Cancer Awareness Month	1-30	1-30	1-30	1-30	1-30
National Adoption Month	1-30	1-30	1-30	1-30	1-30
National AIDS Awareness Month	1-30	1-30	1-30	1-30	1-30
National Alzheimer’s Disease Awareness Month	1-30	1-30	1-30	1-30	1-30
National COPD Awareness Month	1-30	1-30	1-30	1-30	1-30
National Family Caregivers Month	1-30	1-30	1-30	1-30	1-30
National Georgia Pecan Month	1-30	1-30	1-30	1-30	1-30
National Healthy Skin Month	1-30	1-30	1-30	1-30	1-30
National Hospice Palliative Care Month	1-30	1-30	1-30	1-30	1-30
National Marrow Awareness Month	1-30	1-30	1-30	1-30	1-30
Pancreatic Cancer Awareness Month	1-30	1-30	1-30	1-30	1-30
Peanut Butter Lover’s Month	1-30	1-30	1-30	1-30	1-30
Pomegranate Month	1-30	1-30	1-30	1-30	1-30
Prematurity Awareness Month	1-30	1-30	1-30	1-30	1-30
Pulmonary Hypertension Awareness Month	1-30	1-30	1-30	1-30	1-30
Vegan Month					
Fig Week	1-7	1-7	1-7	1-7	1-7
Gastro-esophageal Reflux Disease Awareness Week	18-24	25-Dec 1			
National Family Week	18-24	16-22			
National Influenza Vaccination Week	26-Dec. 2				
Random Acts of Kindness Week	4-10	2-8			
Split Pea Week	4-10	2-8			
Bittersweet Chocolate with Almonds Day	7	7	7	7	7
Chocolates Day	29	29	29	29	29
Eat a Cranberry Day	23	23	23	23	23
Gingerbread Day	22	21	21	21	21
Great American Smoke-out	15	20			
Homemade Bread Day	17	17	17	17	17
National Cake Day	26	26	26	26	26
National Cashew Day	22	22	22	22	22
National Deviled Egg Day	3	2	2	2	2
National Espresso Day	23	23	23	23	23
National Family Health History Day	23				
National French Toast Day	28	28	28	28	28
National Pickle Day	14	14	14	14	14
National Pizza with Everything Except Anchovies Day	12	12	12	12	12
National Survivor’s of Suicide Day		22			
National Vinegar Day	2	1	1	1	1
Prematurity Awareness Day	13	18			
Pumpkin Pie Day	21	21	21	21	21
<b>December</b>	<b>2007</b>	<b>2008</b>	<b>2009</b>	<b>2010</b>	<b>2011</b>
Colorectal Cancer Education and Awareness Month	1-31	1-31	1-31	1-31	1-31
Drunk & Drugged Driving (3D) Prevention Month	1-31	1-31	1-31	1-31	1-31
National Choose a Summer Camp Month	1-31	1-31	1-31	1-31	1-31
Safe Toys & Gifts Month	1-31	1-31	1-31	1-31	1-31

Cookie Cutter Week	3-7				
National Aplastic Anemia & MDS Awareness Week	1-7	1-7			
National Hand Washing Awareness Week (1 <sup>st</sup> Full Week)	2-8	7-13			
Candy Cane Day	26	26	26	26	26
Eat a Red Apple Day	1				
International Volunteer Day	5				
National Apple Pie Day	3				
National Cupcake Day	15				
World AIDS Day	1	1	1	1	1

**Links to Websites with Access to Materials for Events:**

1. <http://www.healthfinder.gov/library/nho/nho.asp>
2. <http://www.nationalwellness.org/pdf/2007hoc.pdf>