



Coordinated Approach  
To Child Health



THE UNIVERSITY of TEXAS  
HEALTH SCIENCE CENTER AT HOUSTON  
SCHOOL OF PUBLIC HEALTH

# Join CATCH Texas

## A Guide To Help School Districts Implement CATCH



### ON YOUR MARK...

1. **CONTACT CATCH Office**
  - Call toll free 1-866-346-6163.
  - Request a CATCH Information Packet and *CATCH Texas Network Form*.
2. **ESTABLISH a District CATCH Coordinated School Health Team**
  - Include District Curriculum Coordinator, Child Nutrition/Food Service Director, Health/PE Coordinator, Health Services Director, PTA Rep, Community Business Partners, Local Health Agencies, etc.
  - Appoint a District CATCH Champion.
3. **COLLABORATE with District School Health Advisory Committee (SHAC)**
  - Present CATCH Program to the SHAC.
  - Secure SHAC endorsement and commitment.
4. **RETURN CATCH Texas Network Form**
  - Complete & return [CATCH Texas Network Form](#).
  - Receive ordering information from CATCH Office.



### GET SET...

1. **IDENTIFY Sources of Funding**
  - Establish Community Partnerships (American Heart Association, Texas Department of Health, American Cancer Society, Texas Medical Association Alliance, PTA, etc.)
2. **PURCHASE CATCH Materials**
  - Secure CATCH Curriculum Materials for each campus per ordering information received from CATCH Office.
3. **SCHEDULE a CATCH Training**
  - Contact the CATCH Office toll-free at 1-866-346-6163.
  - Confirm [CATCH Implementation Training](#) date and needs.
4. **PREPARE for CATCH Training**
  - Collaborate with CATCH Office regarding training requirements and procedures.
  - Inform individual campus staff of CATCH Training date and requirements.



### GO!!!

1. **ATTEND CATCH Training**
  - Campus teams & key district personnel participate in CATCH All Component Implementation Training.
2. **RECONVENE District CATCH Team**
  - Revisit, refocus, regroup, revise campus implementation vision.
  - Report progress to SHAC.
  - Include campus implementation plans in Campus Improvement Plan documents.
3. **PUBLICIZE CATCH Vision**
  - Inform and market Campus CATCH implementation vision to the school community (Principals, Child Nutrition Directors, Lead Teachers, Nurses & Counselors, Parents, Business Partners, Health Agencies, etc.).
4. **CELEBRATE CATCH**
  - Plan Campus CATCH Kick-Off Week.
  - Meet with Campus CATCH Champions to review campus implementation timelines.
  - Contact CATCH Office or visit [CATCHTexas.org](http://CATCHTexas.org) for continued implementation & support ideas.

CATCH Texas    [CATCHTexas.org](http://CATCHTexas.org)