



CATCH Physical Education TEKS Conversions (Kinder - 2nd Grade Activity Box)

WARM-UP ACTIVITIES K-2

Name of Activity	#	Section	Kindergarten	First Grade	Second Grade
Alphabet Walk	11	Warm-Up/Cool-Down	K.1A	1.1A	2.1A
Fast Walk	6	Warm-Up/Cool-Down	K.1C	1.1B	2.1D
Go Fish	9	Warm-Up/Cool-Down	K.1F	1.1A	2.1C
Let's Get Together	8	Warm-Up/Cool-Down	K.1A	1.1D	2.1J
Nice to Meet You	10	Warm-Up/Cool-Down	K.2A, K.7B	1.7B	2.1D
Partner High 5 Together	12	Warm-Up/Cool-Down	K.1A, K.5D	1.1A	2.1A
People Dodge	4	Warm-Up/Cool-Down	K.1C	1.1B	2.1D
Simon Says	5	Warm-Up/Cool-Down	K.1B	1.1C	2.1G
Skitter Skatter	13	Warm-Up/Cool-Down	K.1A	1.1A	2.1A
Sticky Popcorn	15	Warm-Up/Cool-Down	K.1A	1.1A	2.1A
The S Trail	7	Warm-Up/Cool-Down	K.1A	1.1A	2.1C
The Snake Trail/Double Circle/"X"	16	Warm-Up/Cool-Down	K.2A, K.5B	1.1C	2.1A, 2.2A
Walking Talking Spelling Bees	14	Warm-Up/Cool-Down	K.1B	1.1A	2.1C

GO FITNESS K-2

Name of Activity	#	Section	Kindergarten	First Grade	Second Grade
Automobile	57	CATCH'em Quick	K.1B	1.1E	2.1K
Bendables	166	Limber Limbs	K.3A	1.3A	2.3A
Blob Tag	113	Aerobic Games	K.1G	1.1B	2.1H
Body Part Tag	104	Aerobic Games	K.5A	1.5A	2.5E
Count Down	59	CATCH'em Quick	K.3C	1.3C	2.3C
Crabs & Seagulls	127	Mighty Muscles	K.3B	1.1B	2.1C
Critter Crackers	131	Mighty Muscles	K.2B	1.1B	2.1D
Crows And Cranes	116	Aerobic Games	K.5A, K.7C	1.5A, 1.7A	2.5A
Double Agents	112	Aerobic Games	K.1B	1.1A	2.1A
Dragon's Tail	119	Aerobic Games	K.1A	1.1D	2.1B
Elbow Tag	118	Aerobic Games	K.1C	1.6B	2.1B, 2.6A

GO FITNESS (continued) K-2

Name of Activity	#	Section	Kindergarten	First Grade	Second Grade
Fancy Feet	62	CATCH'em Quick	K.7A	1.6B	2.1B, 2.6B
Find The Treasure	100	Aerobic Games	K.3A, K.7A	1.7B	2.2B
Fitness Tag	120	Aerobic Games	K.6B	1.6B	2.6A
Foot Tag	106	Aerobic Games	K.2A	1.4C	2.6B, 2.7A
Frogs, Flies & Lily Pads	128	Mighty Muscles	K.1D, K.3D	1.1D, 1.7B	2.7B
Go Activity Tag	101	Aerobic Games	K.6B	1.1A, 1.5A, 1.7B	2.1B
Heart Healthy Hiking	54	CATCH'em Quick	K.7A	1.1B	2.1B, 2.6A
Hibernation	124	Mighty Muscles	K.1A, K.3B	1.1B, 1.3B	2.2B, 2.3B
Keeping Your Flock	108	Aerobic Games	K.1F, K.3C	1.1D, 1.3D	2.3C, 2.6B
Let's Stick Together	167	Limber Limbs	K.3C, K.7B	1.1B, 1.3C	2.3C, 2.6A
Limber Letters	168	Limber Limbs	K.5B, K.7B	1.7B	2.6B
Limber Limbs Stretching Stations	172	Limber Limbs	K.1A, K.7B	1.7B	2.1B, 2.6B
Locomotion Commotion	110	Aerobic Games	K.1A, K.5A	1.1A, 1.5A, 1.7B	2.6A
Mighty Muscles Strength Stations	135	Mighty Muscles	K.1B, K.5B, K.7A	1.6B	2.1B, 2.7B
Musical Hoops	65	CATCH'em Quick	K.2A, K.3A, K.7B	1.1C, 1.7B	2.7B
Octopus Tag	98	Aerobic Games	K.1A, K.4A, K.7A	1.3B, 1.7A	2.1A, 2.7A
Partner Dodge	97	Aerobic Games	K.1A, K.3C	1.3C	2.1B, 2.3C
Picture This	67	CATCH'em Quick	K.1A, K.4C	1.4A	2.3D
Race & Reach	169	Limber Limbs	K.1C, K.5D	1.1C, 1.5C	2.1G, 2.5D
Rainbow Crossing	107	Aerobic Games	K.3D	1.1B, 1.3D	2.1G, 2.3D
Rum Pum Pum	53	CATCH'em Quick	K.1D, K.3D	1.2B, 1.3D	2.1N, 2.3D
See Ya' Later Alligator	115	Aerobic Games	K.1D, K.3D	1.1C, 1.3D	2.3D
Shaping Up	60	CATCH'em Quick	K.1D, K.3C	1.2B, 1.3D	2.1E, 2.3D
Short Story Stretching	171	Limber Limbs	K.3A	1.3A	2.3A
Side-by-Side Tag	102	Aerobic Games	K.1C, K.3C	1.2A, 1.3C	2.2B, 2.3C
Squirm, Wiggle, Jiggle	56	CATCH'em Quick	K.1C, K.3C	1.2A, 1.3C	2.2B, 2.3C
Stretch Routine	164	Limber Limbs	K.1C, K.7B	1.1D	2.1J
Stunt Double Tag	111	Aerobic Games	K.1C, K.3C, K.7B	1.3C, 1.7B	2.3C
The Sky is Falling	130	Mighty Muscles	K.1B, K.4A, K.6B	1.1D, 1.3B, 1.6B	2.3A, 2.7A
Tunnel Train	133	Mighty Muscles	K.2B, K.3C	1.1D, 1.3C	2.1C, 2.3C
Wylie/Wilma & The Hairy Monster	114	Aerobic Games	K.2A, K.3C, K.6A	1.1C, 1.3C, 1.6A	2.3C

GO ACTIVITY

K-2

Name of Activity	#	Section	Kindergarten	First Grade	Second Grade
3 Flies Up	383	Throwing & Catching	K.1F	1.1C	2.1F
A' My Name Is	227	Dribbling & Passing	K.1A	1.2A	2.1N
Agility Run	321	Moving & Traveling	K.2B	1.2A	2.1N
Automobeat	339	Rhythm Activities	K.2B	1.2A	2.1N
Balance Trains	322	Moving & Traveling	K.2B	1.1D	2.1N
Ball Handling Skills	204	Dribbling & Kicking	K.2B	1.1D	2.1N
Ball Handling Skills	222	Dribbling & Passing	K.2B	1.1D	2.1N
Balloon Paddle Power	350	Striking & Volleying	K.1A, K.7B	1.2A	2.1F
Beanbag Bucket Brigade	385	Throwing & Catching	K.1F	1.1D	2.1N
Beanbag Buddies	376	Throwing & Catching	K.1H	1.1A	2.1N
Beanbag Tag	373	Throwing & Catching	K.1B	1.1D	2.1N
Body Balance	328	Moving & Traveling	K.1H	1.1F	2.1E
Buddy Paddle Poser	353	Striking & Volleying	K.1H	1.2B	2.1C
Busy Bee 'n Bag	367	Throwing & Catching	K.1H	1.1F	2.1N
Can you....?	275	Jump Rope Activities	K.1A, K.1B	1.1A	2.1A
Carpool Tag	250	Hoop Activities	K.1A, K.1B	1.1A	2.1A
Catch-up Chase	325	Moving & Traveling	K.1B, K.7B	1.1D	2.1N
Circle Step Back	380	Throwing & Catching	K.2B	1.1A	2.1N
Circulation	231	Dribbling & Passing	K.1A, K.7B	1.7A	2.6A
Dribble Math	242	Dribbling & Passing	K.6B	1.6B	2.6A
Dribblers and Defenders	234	Dribbling & Passing	K.1A	1.1A	2.6A
Every Which Way	319	Moving & Traveling	K.7A	1.1D	2.2B
Fake It	326	Moving & Traveling	K.7A	1.1D	2.2B
Feel the Beat	336	Rhythm Activities	K.1F	1.1H	2.1N
Ferryboats	358	Striking & Volleying	K.1F	1.1A	2.7B
Flap Jacks	355	Striking & Volleying	K.7A	1.1B	2.1F
Flee From Me	324	Moving & Traveling	K.1C	1.1C	2.A
Follow Me	278	Jump Rope Activities	K.7B, K.7B	1.7C	2.7B
Follow the Leader	233	Dribbling & Passing	K.1A	1.1A	2.1B
Follow-the-Leader Passing	238	Dribbling & Passing	K.7A	1.7B	2.1B
Freestyle	274	Jump Rope Activities	K.3D	1.1G	2.1G, 3D
Freeze Tag	236	Dribbling & Passing	K.3D	1.1G	2.1G, 2.3D
Frogs on the Lily Pads	347	Throwing & Catching	K.3D	1.3D	2.1M
Frozen Dribble	213	Dribbling & Kicking	K.7A	1.1B	2.1G

GO ACTIVITY (continued) K-2

Name of Activity	#	Section	Kindergarten	First Grade	Second Grade
Frozen Dribble	229	Dribbling & Passing	K.1A	1.1B	2.1G
Fruit Salad	397	Limited Space	K.6B	1.6B	2.1M
Gotta Wanna Beanbag	369	Throwing & Catching	K.7B	1.7A	2.1M
Hoop Beat	338	Rhythm Activities	K.7B	1.7A	2.1M
Hoop Go 'Round	249	Hoop Activities	K.6A	1.6A	2.1M
Hoop It Up	248	Hoop Activities	K.1F, K.5A	1.4C, 1.5A	2.1F
Hoop Jump	320	Moving & Traveling	K.3A	1.3A	2.3A
Hoop Stations	251	Hoop Activities	K.1C, K.3B, K.6A	1.1C, 1.3B, 1.6A	2.3A, 2.5A
Hotdog, Mustard, Relish	309	Parachute Activities	K.3A, K.5A, K.7A	1.3A, 1.5A 1.7A, 1.7B	2.5A, 2.7A, 2.7B
Indoor Fitness Trail	403	Limited Space	K.1C, K.2A, K.3C	1.1C, 1.3C, 1.3D	2.2A, 2.3C, 2.3D
Interval Running	307	Parachute Activities	K.5A	1.7A, 1.7B	2.1A, 2.7B
Islands	317	Moving & Traveling	K.1D, K.1F	1.1C, 1.2B, 1.3D	2.1E, 2.1G, 2.2B
Jackhammers	225	Dribbling & Passing	K.1H, K.5A	1.2A	2.1N
Jump The Circuit	280	Jump Rope Activities	K.3A	1.5A	2.1G, 2.1M
Keep Away	382	Throwing & Catching	K.7B	1.7B	2.6B
Kick for Accuracy	207	Dribbling & Kicking	K.3B	1.3B	2.3B
Kick for Distance	206	Dribbling & Kicking	K.3C	1.3C	2.3C
Kick-Kick	208	Dribbling & Kicking	K.3A	1.3A	2.3A
Kids in Space	318	Moving & Traveling	K.7B	1.7B	2.7B
Leapin' Lizards	330	Moving & Traveling	K.3A	1.3A	2.3A
Long Rope Jumping	273	Jump Rope Activities	K.7B, K.7C	1.1G	2.1G, 2.4A
Look Mom, No Hands!	226	Dribbling & Passing	K.2A	1.1B	2.1G
Lucky Guess	277	Jump Rope Activities	K.1A, K.1B	1.1A	2.1A, 2.1C
Me and My Beanbag	327	Moving & Traveling	K.1C, K.1F	1.1C	2.1D
Mirror, Mirror	329	Moving & Traveling	K.1D	1.1B	2.1G
Musical Ropes	279	Jump Rope Activities	K.3A	1.3A	2.3A
Parachute Warm-up-Balloon	303	Parachute Activities	K.1D	1.1C	2.1E
Parachute Warm-up-Class Portrait	304	Parachute Activities	K.3A, K.3B	1.3A, 1.3B	2.3A, 2.3B
Parachute Warm-up-Clubhouse	604	Parachute Activities	K.1B	1.1D	2.1B
Parachute Warm-up-Color Exchange	304	Parachute Activities	K.3A, K.3B	1.3A, 1.3B	2.3A, 2.3B
Parachute Warm-up-Diamond in the Bank	304	Parachute Activities	K.1A	1.1A	2.1A
Parachute Warm-up-Museum	305	Parachute Activities	K.1F, K.3A, K.6A	1.3A, 1.6A	2.3A
Parachute Warm-up-Punching Bag	303	Parachute Activities	K.1D	1.1C	2.5A
Parachute Warm-up-Save the Day	305	Parachute Activities	K.1C, K.3C, K. 7B K. 7C	1.1D, 1.3C	2.1J, 2.3C

GO ACTIVITY (continued) K-2

Name of Activity	#	Section	Kindergarten	First Grade	Second Grade
Parachute Warm-up-Umbrella	303	Parachute Activities	K.1A, K.7B	1.B, 1.1D, 1.7B	2.5A, 2.7B
Partner Catch	377	Throwing & Catching	K.1A, K.6A	1.1E, 1.1F, 1.6A	2.1K
Partner Challenges	402	Limited Space	K.1A, K.1B	1.1E, 1.1F	2.1A, 2.1K
Partner Dribble & Pass	214	Dribbling & Kicking	K.1F, K.7B	1.1B, 1.1E, 1.1F 1.7A	2.1F, 2.1K
Partner Dribble & Pass	230	Dribbling & Passing	K.1A, K.1B, K.7C	1.1A, 1.1B, 1.1C 1.7A	2.1A, 2.1K
Pass It On	223	Dribbling & Passing	K.1A, K.1B, K.3A K. 7B	1.1F, 1.1D, 1.3A 1.7A	2.3A, 2. 7B
Pass It On	399	Limited Space	K.3A, K.7B	1.1A, 1.1D, 1.3A 1.7B	2.1D, 2.3A
Passing Skills	237	Dribbling & Passing	K.1A, K.3A, K.7B	1.1A, 1.1D, 1.3A 1.7B	2.1A, 2. 3A
Popcorn	308	Parachute Activities	K.1F, K.3A, ..5A K.6A, K.7C	1.2A, 1.3A, 1.5A	2.1F, 2.3A, 2.5A 2.7B
Rhythmic Movements	337	Rhythm Activities	K.5A, K.3A, K.5B K.6B, K.7C	1.1D, 1.2A, 1.3A, 1.5A, 1.6B, 1.7B,	2.3A, 2.5A, 2.7A 2.7B
Round and Round the Hoop	247	Hoop Activities	K.1F, K.1H, K.5A K. 5B, K. 6A, K.7C	1.2A, 1.5A, 1.6A	2.1F, 2. 5A
Scatter Square Dancing	343	Rhythm Activities	K.1A, K.3A, K.5A K.7B	1.2A, 1.3A, 1.7A 1.7B	2.5A, 2.7B
See Me Flee	323	Moving & Traveling	K.1C, K.5A, K. 3A K. 7B	1.1C, 1.1D, 1.3A 1.5A, 1.7B	2.3A, 2.5A, 2.7A 2.7B
Shooting Star	375	Throwing & Catching	K.1A, K.1B, K.5A K.6B, K.7C, K.7A	1.1A, 1.5A, 1.7A 1. 7B	2.5A, 2. 7B
Snakes	276	Jump Rope Activities	K.6B	1.1H	2.1A, 2.1M, 2.5A
Sock It To Me	400	Limited Space	K.1A	1.1A	2.1A
Solo Catch	372	Throwing & Catching	K.1H, K.5A, K.7C	1.1H	2.3A, 2.5A
Spinning Wheel	306	Parachute Activities	K.1H	1.1H	2.1D, 2.1
Spotlight Dance	311	Parachute Activities	K.1B, K.7A	1.6A, 1.6B	2.1B, 2.1K
Stationary Rope	271	Jump Rope Activities	K.1F	1.1H	2.2A
Sunbeam	310	Parachute Activities	K.1F	1.1D	2.1F
Swiss Cheese Parachute Activities	312	Parachute Activities	K.7C	1.1H	2.5A, 2.7B
Take a Stroll	341	Rhythm Activities	K.1B	1.1F, 1.7B	2.1J, 2.1K, 2.1L
Team Passing	211	Dribbling & Kicking	K.7A-C	1.5A	2.1N, S.SA
Team Passing	240	Throwing & Catching	K.1H, K.7B	1.1H	2.7A
Team Shapes	388	Throwing & Catching	K.7B	1.1H, 1.7B	2.1F, 2. 7A
The Rhythm Train	340	Rhythm Activities	K.7B	1.1H, 1.7B	2. J, 2.1K, 2.1L
The Snake Trail/Double Circle/"X"	393	Limited Space	K.7B	1.7B	2.1C
Throw for Distance	371	Throwing & Catching	K.1B, K.K4	1.1F	2.1C
Triangle Pass	209	Dribbling & Kicking	K.1A	1.1B, 1.4D	2.4D
Tumbleweeds	360	Striking & Volleying	K.1F, K.7B	1.7B	2.1F
Under Control	205	Dribbling & Kicking	K.6B	1.1H	2.3A
Under Control	228	Dribbling & Passing	K.6A	1.3D	2.1J
Walk The Dog	357	Striking & Volleying	K.3D	1.3D	2.3D