

NOTE YES OR NO FOR THE FOLLOWING:

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| D1. Half or more of the class was engaged in MVPA for at least 40% of the time. | 1. NO | 2. YES |
| D2. A warm-up was included. | 1. NO | 2. YES |
| D3. A cool-down was included. | 1. NO | 2. YES |
| D4. Group sizes were appropriate to activity. | 1. NO | 2. YES |
| D5. Classes started within 5 minutes of scheduled time. | 1. NO | 2. YES |
| D6. Children were prompted/rewarded for out-of-class MVPA engagement. | 1. NO | 2. YES |

ACTIVITIES OBSERVED:

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| E1. Were the physical activities from the CKC activity box? | 1. NO | 2. YES |
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If yes, which activities were used: _____

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| E2. If no: did they follow the CKC philosophy? | 1. NO | 2. YES |
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Explain: _____
